

# Patterns and Examples:

## Deep roots for strong communities

**Are you serving your meeting? How has your role changed during the Covid-19 pandemic in 2020? Would you benefit from a day of support, training, and spiritual nurture?**

Patterns and Examples events are online gatherings for anyone with a role or responsibility within a Quaker community. Each one will be an opportunity to meet Friends, make friends, share ideas and worries, develop your skills and build our Quaker communities.

We are holding four 2-hour events in Autumn 2020:

### **Week 1**

- Tuesday 29 September 10am to 12noon
- Thursday, 1 October 2pm to 4pm

### **Week 2**

- Tuesday, 6 October 10am to 12noon
- Thursday, 8 October 7pm to 9pm

Sessions in week 1 will be repeated in week 2 allowing the opportunity to participate in up to four of the six workshops on offer.

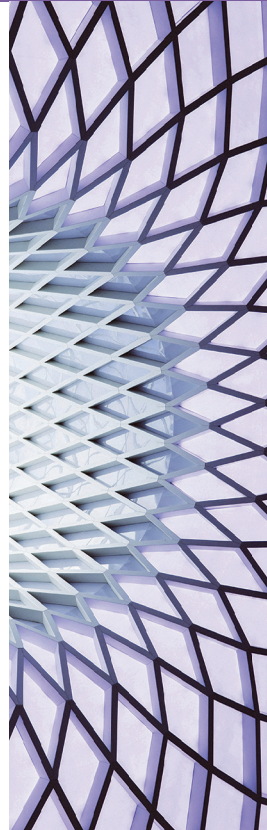
To book your free place please visit,  
[www.woodbrooke.org.uk/patterns-and-examples-2020/](http://www.woodbrooke.org.uk/patterns-and-examples-2020/)

### **For more information contact:**

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and Woodbrooke  
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### Workshop sessions will include:

- Outreach
- Quaker community, pastoral and spiritual care
- Blended MfW(fB), decision-making, discernment. How do we do it now?
- Quaker questions from an intergenerational perspective
- Storytelling as a theological reflection
- Mental health

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